



Jordan School District (UT)

Secondary
Fall 2025



Summary

Topic Description	Results	Benchmark
Emotion Regulation How well students regulate their emotions.	61% ▲ 1 since last survey	 80th - 99th percentile compared to others nationally
Self-Efficacy How much students believe they can succeed in achieving academic outcomes.	49% ▲ 1 since last survey	 40th - 59th percentile compared to others nationally
Self-Management How well students manage their emotions, thoughts, and behaviors in different situations.	81% ▲ 5 since last survey	 80th - 99th percentile compared to others nationally
Sense of Belonging	57% ▲ 5 since last survey	 40th - 59th percentile compared to others nationally
Social Awareness How well students consider the perspectives of others and empathize with them.	72% ▲ 3 since last survey	 80th - 99th percentile compared to others nationally

16,265 responses



Emotion Regulation

Your average

61%

16,265 responses

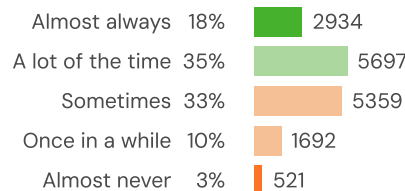
Change

▲ 1

since last survey

How did people respond?

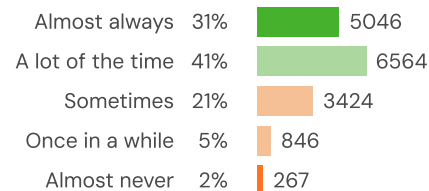
Q.1: How often are you able to pull yourself out of a bad mood?



▲ 0 from last survey

Favorable: **53%**

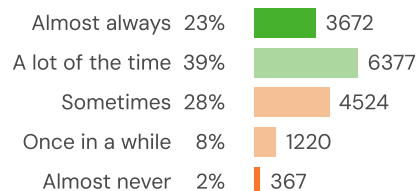
Q.2: How often are you able to control your emotions when you need to?



▲ 3 from last survey

Favorable: **72%**

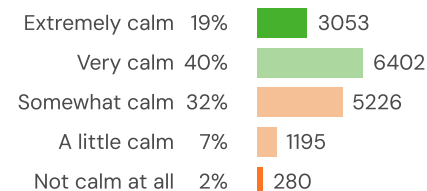
Q.3: When you get upset, how often can you get yourself to relax?



▲ 2 from last survey

Favorable: **62%**

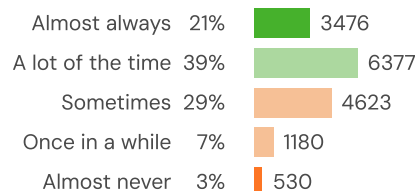
Q.4: When things go wrong for you, how calm are you able to stay?



▲ 2 from last survey

Favorable: **59%**

Q.5: When you get upset, how often do you stop to think before you act?



▲ 1 from last survey

Favorable: **61%**



Self-Efficacy

Your average

49%

16,265 responses

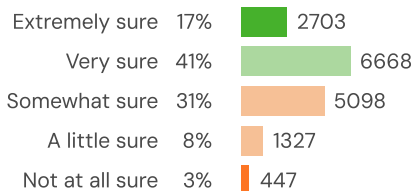
Change

▲ 1

since last survey

How did people respond?

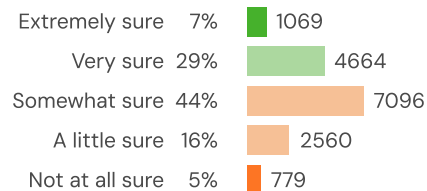
Q.1: How sure are you that you can complete all the schoolwork that is given to you?



▲ 4 from last survey

Favorable: **58%**

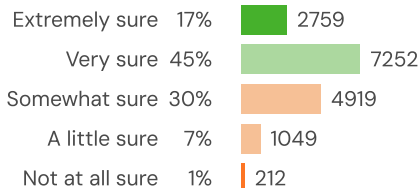
Q.2: How sure are you that you will remember what you learned in your current classes, next year?



▲ 3 from last survey

Favorable: **35%**

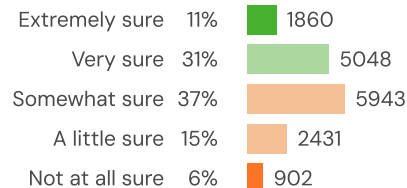
Q.3: How sure are you that you can learn all the subjects taught in your classes?



▲ 2 from last survey

Favorable: **62%**

Q.4: How sure are you that you can do the hardest schoolwork that is given to you?

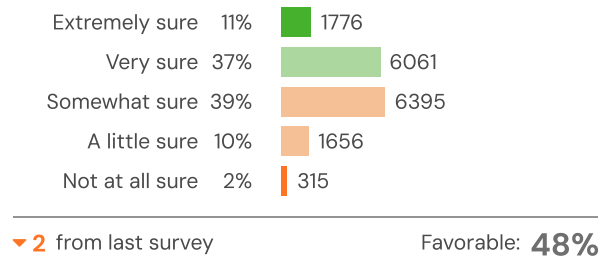


▼ 2 from last survey

Favorable: **43%**



Q.5: When complicated ideas are discussed in class, how sure are you that you can understand them?





Self-Management

Your average

81%

16,265 responses

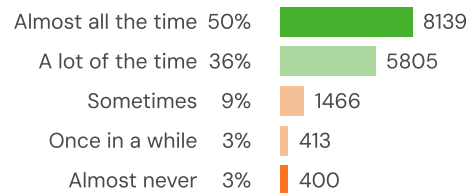
Change

▲ 5

since last survey

How did people respond?

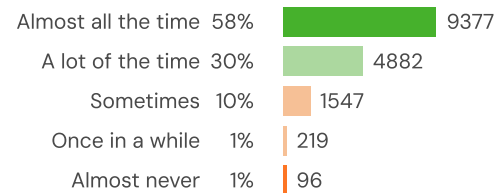
Q.1: During the past two weeks, how often did you allow others to speak without interrupting them?



▲ 2 from last survey

Favorable: **86%**

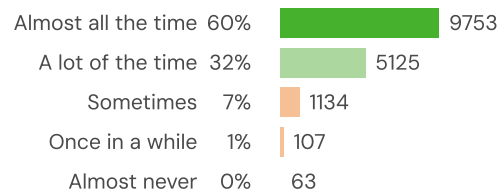
Q.2: During the past two weeks, how often did you come to class prepared?



▲ 4 from last survey

Favorable: **88%**

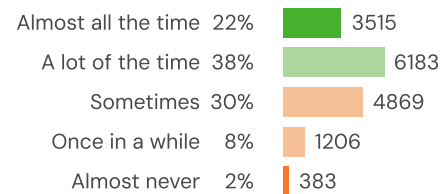
Q.3: During the past two weeks, how often did you follow directions in class?



▲ 4 from last survey

Favorable: **92%**

Q.4: During the past two weeks, how often did you get your work done right away, instead of waiting until the last minute?



▲ 8 from last survey

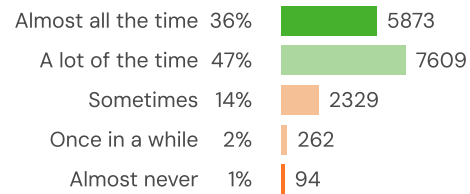
Favorable: **60%**



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"Fall 2025 Panorama Social-Emotional Wellness: Student Competency & Well-Being, Secondary"

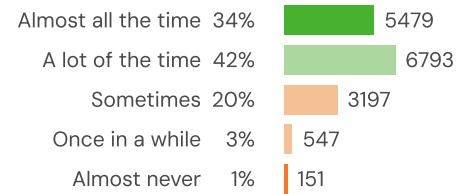
Q.5: During the past two weeks, how often did you pay attention in class?



▲ 7 from last survey

Favorable: **83%**

Q.6: During the past two weeks, when you were working on your own, how often did you stay focused?



▲ 5 from last survey

Favorable: **76%**



Sense of Belonging

Your average

57%

16,265 responses

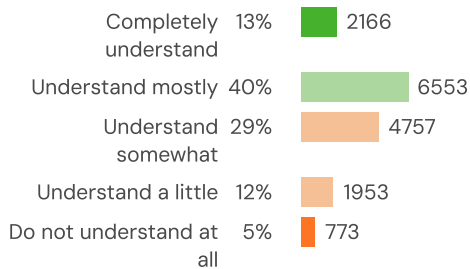
Change

▲ 5

since last survey

How did people respond?

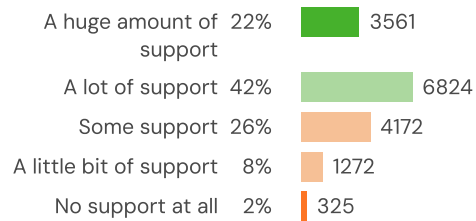
Q.1: How well do people at your school understand the kind of person you are?



▲ 5 from last survey

Favorable: **54%**

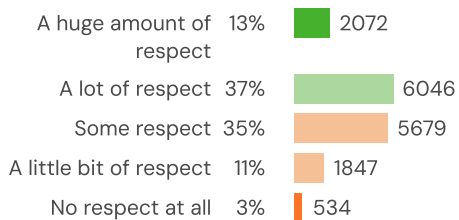
Q.2: How much support do the adults at your school give you?



▲ 6 from last survey

Favorable: **64%**

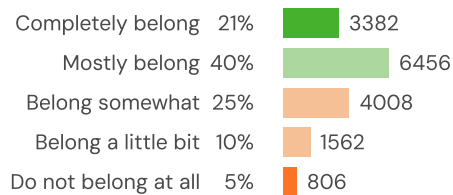
Q.3: How much respect do students at your school show you?



▲ 5 from last survey

Favorable: **50%**

Q.4: When you are at school, how much do you feel like you belong?



▲ 7 from last survey

Favorable: **61%**



Social Awareness

Your average

72%

16,265 responses

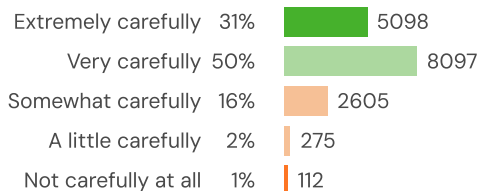
Change

▲ 3

since last survey

How did people respond?

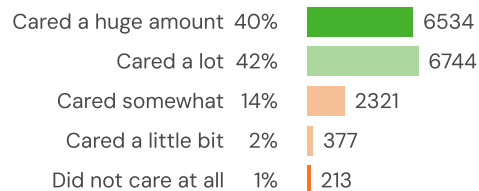
Q.1: During the past two weeks, how carefully did you listen to other people's opinions?



▲ 2 from last survey

Favorable: **82%**

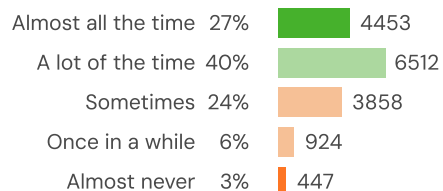
Q.2: During the past two weeks, how much did you care about other people's feelings?



▲ 3 from last survey

Favorable: **82%**

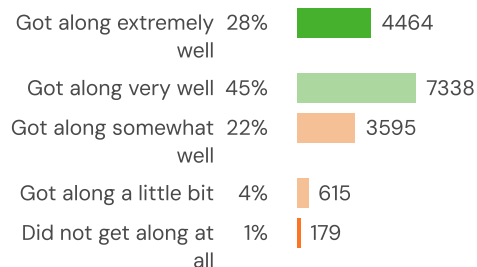
Q.3: During the past two weeks, how often did you compliment others' accomplishments?



▲ 1 from last survey

Favorable: **68%**

Q.4: During the past two weeks, how well did you get along with students who are different from you?



▲ 3 from last survey

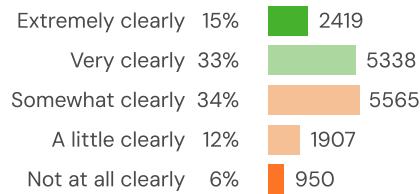
Favorable: **73%**



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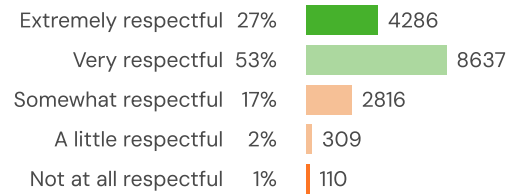
Q.5: During the past two weeks, how clearly were you able to describe your feelings?



▲ 2 from last survey

Favorable: **48%**

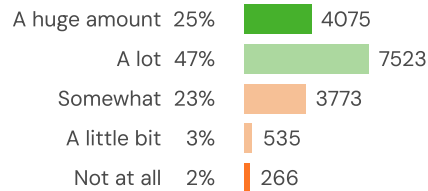
Q.6: During the past two weeks, when others did not agree with you, how respectful were you of their opinions?



▲ 5 from last survey

Favorable: **80%**

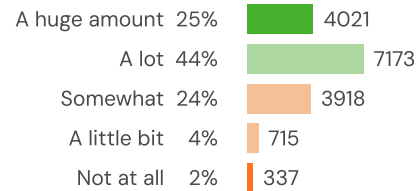
Q.7: During the past two weeks, how much were you able to stand up for yourself without putting others down?



▲ 3 from last survey

Favorable: **72%**

Q.8: During the past two weeks, how much were you able to disagree with others without starting an argument?



▲ 2 from last survey

Favorable: **69%**