








# Jordan School District (UT)

Secondary  
Winter 2025-26



# Summary

Topic Description	Results	Benchmark
<p><b>Emotion Regulation</b></p> <p>How well students regulate their emotions.</p>	<p><b>64%</b></p> <p>▲ 3 since last survey</p>	 <p>80th - 99th percentile compared to others nationally</p>
<p><b>Self-Efficacy</b></p> <p>How much students believe they can succeed in achieving academic outcomes.</p>	<p><b>52%</b></p> <p>▲ 3 since last survey</p>	 <p>60th - 79th percentile compared to others nationally</p>
<p><b>Self-Management</b></p> <p>How well students manage their emotions, thoughts, and behaviors in different situations.</p>	<p><b>79%</b></p> <p>▼ 2 since last survey</p>	 <p>80th - 99th percentile compared to others nationally</p>
<p><b>Sense of Belonging</b></p>	<p><b>58%</b></p> <p>▲ 1 since last survey</p>	 <p>60th - 79th percentile compared to others nationally</p>
<p><b>Social Awareness</b></p> <p>How well students consider the perspectives of others and empathize with them.</p>	<p><b>72%</b></p> <p>0 since last survey</p>	 <p>80th - 99th percentile compared to others nationally</p>

10,153 responses



# Emotion Regulation

Your average

**64%**

10,153 responses

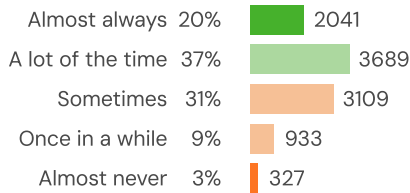
Change

**▲ 3**

since last survey

## How did people respond?

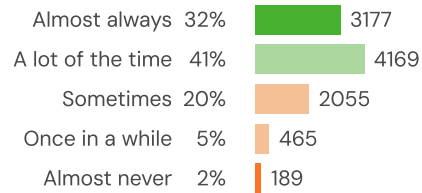
**Q.1: How often are you able to pull yourself out of a bad mood?**



▲ 4 from last survey

Favorable: **57%**

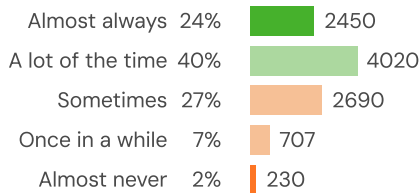
**Q.2: How often are you able to control your emotions when you need to?**



▲ 1 from last survey

Favorable: **73%**

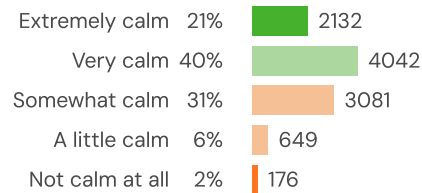
**Q.3: When you get upset, how often can you get yourself to relax?**



▲ 2 from last survey

Favorable: **64%**

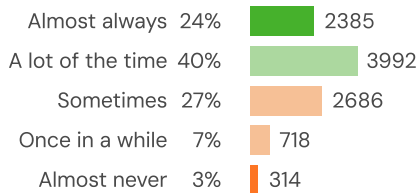
**Q.4: When things go wrong for you, how calm are you able to stay?**



▲ 2 from last survey

Favorable: **61%**

**Q.5: When you get upset, how often do you stop to think before you act?**



▲ 2 from last survey

Favorable: **63%**



# Self-Efficacy

Your average

# 52%

10,153 responses

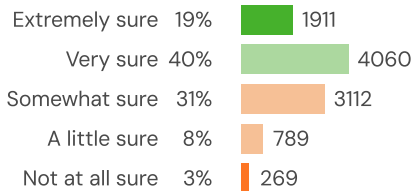
Change

# ▲ 3

since last survey

## How did people respond?

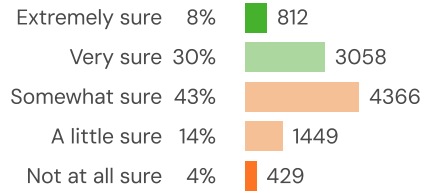
**Q.1: How sure are you that you can complete all the schoolwork that is given to you?**



▲ 1 from last survey

Favorable: **59%**

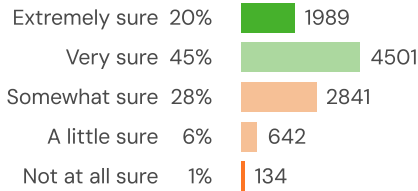
**Q.2: How sure are you that you will remember what you learned in your current classes, next year?**



▲ 3 from last survey

Favorable: **38%**

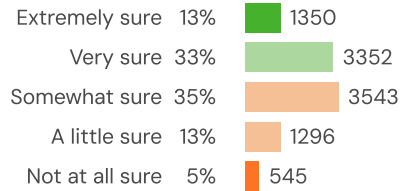
**Q.3: How sure are you that you can learn all the subjects taught in your classes?**



▲ 2 from last survey

Favorable: **64%**

**Q.4: How sure are you that you can do the hardest schoolwork that is given to you?**



▲ 4 from last survey

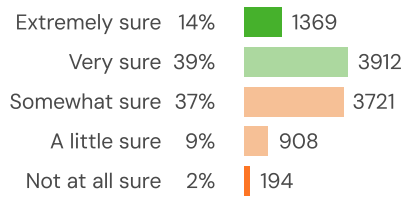
Favorable: **47%**



## Jordan School District (UT)

"Winter 2025-26 Panorama Social-Emotional Wellness: Student Competency & Well-Being, Secondary"

### Q.5: When complicated ideas are discussed in class, how sure are you that you can understand them?



▲ 4 from last survey

Favorable: **52%**



# Self-Management

Your average

# 79%

10,153 responses

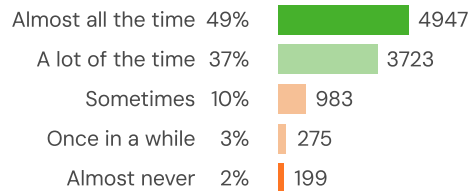
Change

# ▼ 2

since last survey

## How did people respond?

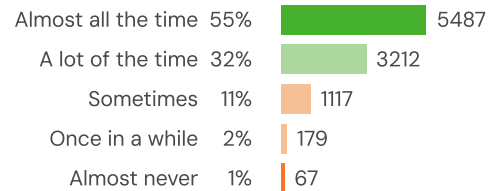
**Q.1: During the past two weeks, how often did you allow others to speak without interrupting them?**



▲ 0 from last survey

Favorable: **86%**

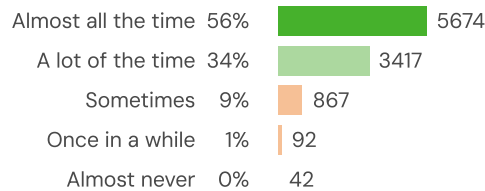
**Q.2: During the past two weeks, how often did you come to class prepared?**



▼ 2 from last survey

Favorable: **86%**

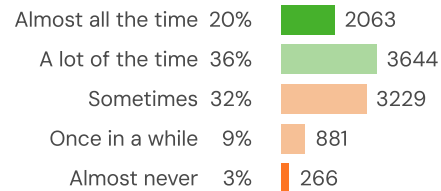
**Q.3: During the past two weeks, how often did you follow directions in class?**



▼ 2 from last survey

Favorable: **90%**

**Q.4: During the past two weeks, how often did you get your work done right away, instead of waiting until the last minute?**



▼ 3 from last survey

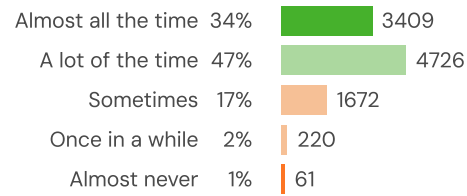
Favorable: **57%**



### Jordan School District (UT)

"Winter 2025-26 Panorama Social-Emotional Wellness: Student Competency & Well-Being, Secondary"

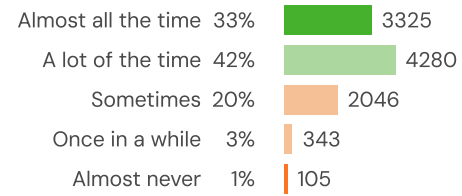
#### Q.5: During the past two weeks, how often did you pay attention in class?



▼ 2 from last survey

Favorable: **81%**

#### Q.6: During the past two weeks, when you were working on your own, how often did you stay focused?



▼ 1 from last survey

Favorable: **75%**



# Sense of Belonging

Your average

**58%**

10,153 responses

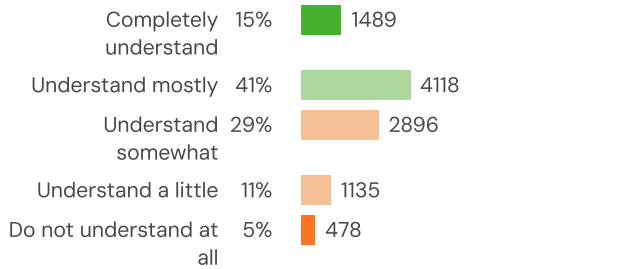
Change

**▲ 1**

since last survey

## How did people respond?

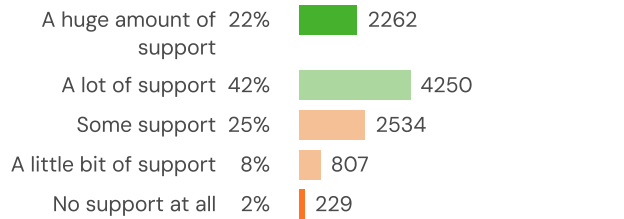
### Q.1: How well do people at your school understand the kind of person you are?



▲ 1 from last survey

Favorable: **55%**

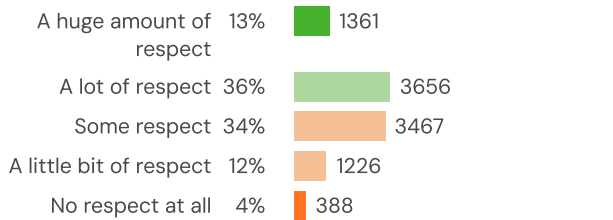
### Q.2: How much support do the adults at your school give you?



▲ 1 from last survey

Favorable: **65%**

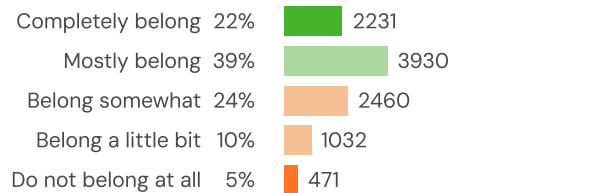
### Q.3: How much respect do students at your school show you?



▲ 0 from last survey

Favorable: **50%**

### Q.4: When you are at school, how much do you feel like you belong?



▲ 0 from last survey

Favorable: **61%**



# Social Awareness

Your average

**72%**

10,153 responses

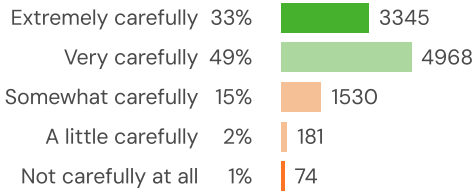
Change

**0**

since last survey

## How did people respond?

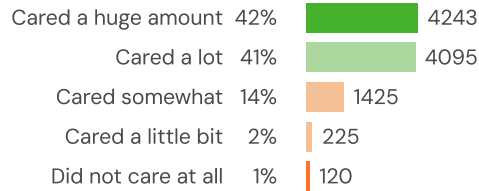
**Q.1: During the past two weeks, how carefully did you listen to other people's opinions?**



▲ 0 from last survey

Favorable: **82%**

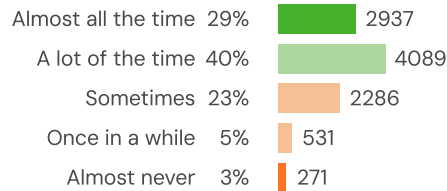
**Q.2: During the past two weeks, how much did you care about other people's feelings?**



▲ 0 from last survey

Favorable: **82%**

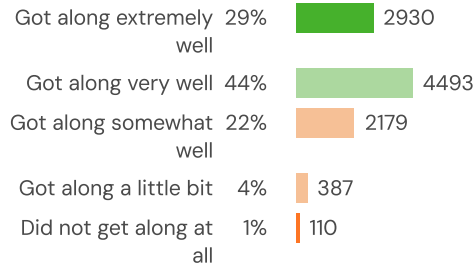
**Q.3: During the past two weeks, how often did you compliment others' accomplishments?**



▲ 1 from last survey

Favorable: **69%**

**Q.4: During the past two weeks, how well did you get along with students who are different from you?**



▲ 1 from last survey

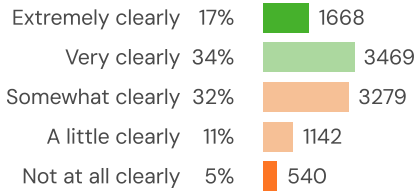
Favorable: **74%**



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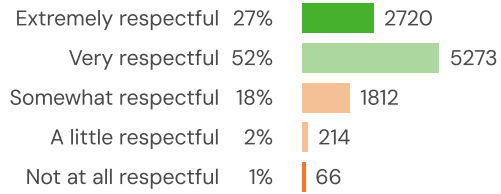
#### Q.5: During the past two weeks, how clearly were you able to describe your feelings?



▲ 3 from last survey

Favorable: **51%**

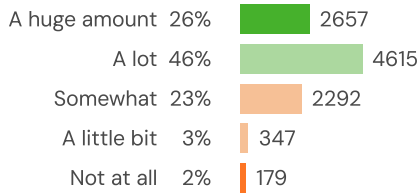
#### Q.6: During the past two weeks, when others did not agree with you, how respectful were you of their opinions?



▼ 1 from last survey

Favorable: **79%**

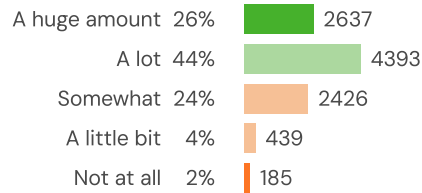
#### Q.7: During the past two weeks, how much were you able to stand up for yourself without putting others down?



▲ 0 from last survey

Favorable: **72%**

#### Q.8: During the past two weeks, how much were you able to disagree with others without starting an argument?



▲ 1 from last survey

Favorable: **70%**